

Northern Periphery and Arctic



TECH2HEAL

Connected Technology to Support the Health of the Working Population in Northern Remote Areas

Tech2Heal aims to attain greater comprehension of the reasons behind absenteeism and early retirement due to poor wellbeing. A combination of qualitative and quantitative methods, and ubiquitous technology to monitor work-life will be used. Pilots will be implemented to validate solutions.

Tech2Heal ultimate goals are to help employees and self-employees gain awareness to live healthier for longer; and propose changes to work health policies. A multidisciplinary team ensures diverse expertise and collaborative implementation across partner countries.



Partnership

Atlantic Technological University, Ireland
University of Oulu, Finland
Finnish Institute of Occupational Health, Finland
Region Västerbotten, Sweden
University Hospital of North Norway, Norway

Budget

Total budget € 1.278.446,85 NPA Funding € 671.410,24

Duration

October 2024 – September 2027

